

Nyob Zoo Txog

Peb paub tias cov niam txiv muaj lus nug ntau txog thaum twg cov me nyuam hnuv nyoog qis dua 12 xyoos tuaj yeem tau txais kev txhaj tshuaj tiv thaiv tus kab mob COVID-19, thiab peb xav qhia paub txog qhov hloov tshiab ntawm cov txheej txheem no.

Cov tshuaj tiv thaiv no yuav tsum tau ua tib zoo tshawb fawb thiab tseem yuav txuas ntxiv tshawb fawb rau hauv cov me nyuam hnuv nyoog qis dua 12 xyoos, ib yam li lawv tau siv rau cov neeg hnuv nyoog 12 xyoos thiab laus dua. Cov txheej txheem no hu ua kev sim tshuaj thiab txhua cov tshuaj tiv thaiv kab mob uas tau txais kev tso cai tau ua raws li qhov no. Tsuas yog cov tshuaj tiv thaiv kab mob uas pom tias muaj kev nyab xeeb thiab muaj txiaj ntsig zoo hauv pab pawg hnuv nyoog no thiaj yuav tau txais kev tso cai.

Lub tuam txhab tshuaj Pfizer tab tom xa lawv cov txiaj ntsig rau kev txhaj tshuaj tiv thaiv me nyuam yaus hnuv nyoog 5 xyoos txog 11 xyoos rau Lub Chaw Saib Xyuas Khoom Noj thiab Tshuaj (FDA) txhawm rau kev tshawb xyuas. Yog tias tau txais kev pom zoo los ntawm FDA thiab CDC Pab Pawg Tawm Tswv Yim txog Kev Txhaj Tshuaj Tiv Thaiv Kab Mob, kev tso cai rau cov tshuaj tiv thaiv no yuav tsum tuaj txog thaum Lub Kaum Hlis Ntuj los sis Lub Kaum Ib Hlis Ntuj. Thaum tau txais kev tso cai lawm, yuav pib xa cov tshuaj tiv thaiv kab mob rau cov me nyuam hnuv nyoog 5-11 xyoos mus rau cov xeev.

Thaum cov tshuaj txhaj tiv thaiv kab mob tau txais kev tso cai lawm, Minnesota npaj txhij los txhaj koob tshuaj tiv thaiv kab mob rau cov pab pawg hnuv nyoog yau no thiab peb muaj ntau txoj hauv kev sib txawv los txhaj koob tshuaj. Txhua yam koj yuav tsum tau ua yog kom koj tus me nyuam tau txhaj cov tshuaj tiv thaiv kab mob uas lawv tsim nyog tau txhaj. Kev txhaj tshuaj tiv thaiv kab mob yog txoj hauv kev zoo tshaj los tiv thaiv koj tus me nyuam thiab cov neeg nyob ib puag ncig lawv.

Yog tias koj muaj lus nug txog tshuaj tiv thaiv kab mob, **[koj tus kws kho me nyuam yaus los sis kws kho mob hauv tsev neeg tuaj yeem yog tus muab cov ntaub ntawv tau zoo tshaj plaws—cov kws kho mob yuav tsum hloov kho raws li lawv pom zoo]**. Koj tseem tuaj yeem tau txais cov ntaub ntawv ntau ntxiv los ntawm [Minnesota Lub Chaw Saib Xyuas Kev Noj Qab Haus Huv \(Minnesota Department of Health\)](#) thiab [Lub Chaw Tswj Xyuas](#) thiab Tiv Thaiv Kab Mob ([Centers for Disease Control](#) and Prevention).

Vim Li Cas Kuv Thiaj Li Tau Coj Kuv Tus Me Nyuam Mus Txhaj Tshuaj Tiv Thaiv Kab Mob?

Kev coj koj tus me nyuam mus txhaj tshuaj tiv thaiv kab mob pab lawv kom nyob nyab xeeb thaum mus kawm ntawv, ncaws pob thiab lwm yam hauj lwm nrog lwm tus uas tseem ceeb rau tus me nyuam kom tau ua ntawm lawv tus kheej. Lawv kev txhaj tshuaj tiv thaiv kab mob kuj tseem pab tiv thaiv cov neeg hauv tsev neeg, cov phooj ywg thiab cov nyob ze uas qaug qeb.

Lub Chaw Tswj Xyuas thiab Tiv Thaiv Kab Mob (CDC) kuj tau tshaj tawm tias **cov neeg tsis tau txhaj tshuaj tiv thaiv kab mob yog muaj feem yuav tau pw kho hauv tsev kho mob ntau dua 10 npaug** piv rau cov uas tau txhaj tshuaj tiv thaiv kab mob tag lawm. Peb tsis tuaj yeem kwv yees tias leej twg yuav mob hnyav los ntawm tus kab mob COVID-19, yog li ua cov kauj ruam los tiv thaiv tib neeg kom tsis txhob mob, xws li txhaj tshuaj tiv thaiv kab mob, yog qhov tseem ceeb heev.

Yog tias koj xav tau txais kev txhaj tshuaj tiv thaiv kab mob los sis tam sim no muaj me nyuam yaus hnuv nyoog tshaj 12 xyoos, nws yog lub sij hawm coj lawv mus txhaj tshuaj tiv thaiv tam sim no. Koj tuaj yeem nrhiav tshuaj tiv thaiv kab mob los ntawm Minnesota [lub vev xaib Nrhiav Txhaj Tshuaj Tiv Thaiv Kab Mob \(Find Vaccine website\)](#) los sis Vaccines.gov.

Kuv Tuaj Yeem Tiv Thaiv Kuv Tus Me Nyuam Li Cas Thaum Peb Tos Qhov Tshuaj Tiv Thaiv Kab Mob?

Txog thaum me nyuam yaus hnuv nyoog 11 xyoo thiab qis dua tuaj yeem txhaj tshuaj tiv thaiv kab mob, kuaj nrog rau siv daim npog qhov ncauj qhov ntswg, nyob sib nruv deb, tsis txhob muaj neeg coob, ntxuav tes thiab nyob hauv tsev thaum muaj mob tseem yog txoj hauv kev tseem ceeb kom koj tus me nyuam thiab tsev neeg muaj kev nyab xeeb thiab noj qab nyob zoo.

Cov me nyuam tsis tau txhaj tshuaj tiv thaiv kab mob hauv tsev kawm ntawv yuav tsum kuaj yam tsawg ib zaug ib lub lim tiam, los sis ntau zaus hauv cov cheeb tsam uas muaj tus kab mob sib kis ntau raws li CDC lus taw qhia. Mus rau [Nrhiav Cov Chaw Kuaj \(Find Testing Locations\) \(https://mn.gov/covid19/get-tested/testing-locations/index.jsp\)](https://mn.gov/covid19/get-tested/testing-locations/index.jsp) txhawm rau mus nrhiav cov kev xaiv nyob ze koj. **[Koj tus me nyuam lub tsev kawm ntawv kuj tseem yuav muab kev kuaj rau cov tub ntxhais kawm yog li nco ntsoov hu xov tooj mus rau tus thawj tswj hwm tsev kawm ntawv. — cov tsev kawm ntawv uas tab tom muab qhov kev kuaj sab hauv yuav tsum hloov kho raws li lawv pom zoo.]**

Ib qho ntxiv: txoj hauv kev zoo tshaj los tiv thaiv me nyuam yaus uas tsis tuaj yeem txhaj tshuaj tau yog los ntawm txhua tus neeg nyob ib puag ncig lawv tau txais kev txhaj tshuaj, uas yuav pab kom kis tus kab mob qeeb hauv lawv lub zej zog. Thov coj koj cov neeg hauv koj tsev neeg muaj hnuv nyoog 12 xyoos thiab laus dua mus txhaj tshuaj tiv thaiv kab mob thiab txhawb lwm tus kom tiv thaiv tus kab mob thiab ua rau kis qeeb los ntawm kev txhaj lawv koob tshuaj.

Thov tiv tauj rau peb txog cov lus nug ntau ntxiv, peb nyob ntawm no los pab!

[Lub Npe]

[Lub Luag Hauj Lwm]